

FACILITATORS GUIDE 2024



NAHKU
TULUM

ENVISION

Nah Ku's vision is guided by our family steps and we envision the Ascension Retreat, Alternative and Integrative Deep Healing Retreats, Permaculture Food Forest, An-Architecture , Native Medicinal Plants and Trees Eternal Preservation Initiative.



MISSION

Our mission is to co-create with the forces of Nature and the Power of Spirit a living community of seasonal residents focused on the studies of holistic health, regenerative food systems, Medicinal Plants agriculture, Bio- Architecture and Co-operative economics.



VIRTUES AND VALUES



SOUL-STAINABLE CONSCUSNES

Seeking truth is what leads the way around this project. We aim to lead by embodied example.



FAMILY AND KIDS SAFE

Our project is family-run and based. We welcome and treat you as family. Our children are an important part of our lives so we make sure we have a safe place for all ages.



FOR ALL OUR RELATIONS

We work closly with indigenous people, foreigners and wanderers. We aim to reconnect everyone into a more Soul-Stainable way of living

BRANCHES

Our offerings include practices and modalities related to our values and areas of inquiry such as:

Energy Work

Auricular Medicine

Reflexology

Lymphatic & MyoFascial Massage

Qi Gong/ Thai Chi Relaxation

Meditation and Mindfulness Practices

Ancient Wisdom

Universal & Unconditional Love



ACCOMMODATIONS

We have a diverse set of accommodations to suit all needs.

ROOMS	NUMBER OF ROOMS	BEDS	NUMBER OF BEDS	MAX OCCUPANCY	TOTAL CAPACITY
DOMES	4	QUEEN	5	2	10
TENTS	5	3 QUEEN/ 4 SINGLES	7	2	10
TOTAL			12		20



MAYAN DOMES



JUNGLAMPING

SHARED SPACES

Nestled within the captivating majesty and mystical ambiance of the Mayan jungle, our thoughtfully crafted shared spaces are carefully curated to serve as vessels for fostering connection, embracing playfulness, and inspiring contemplation. At the very core of our center lies the Maloca Kin, an ethereal sanctuary that embodies the essence of our retreat.

This multi-functional space, adorned with a central fire, provides a harmonious gathering point for up to 40 individuals. Immerse yourself in the warmth of the sun, quench your thirst for adventure with a rejuvenating dip in one of the nearby cenotes, and allow the transformative energy of nature to envelop your being.

As you venture further into our sanctuary, you will discover Chiits kitchen and lounge area, the beating heart of our center. Here, you can savour the delights of a communal dining experience, nourishing both body and soul, while cherishing moments of intimate connection and meaningful gatherings.



CASA KETZAL



MALOCA



CHIIT KITCHEN

MALOCA KIN

At the heart of our center lies the Maloca Kin. Meticulously designed with profound intention, it embodies the essence of our retreat, harnessing the power of sacred proportions and organic materials. The Maloca Kin stands as a testament to our deep connection with life.

Drawing inspiration from the Mayan culture, a circular opening gracefully adorns the center. By day, the radiant sunlight bathes the sacred space, illuminating it with warmth and vitality. As the night descends, the opening beneath our feet, the chukum floors cradle the sacred fire, an alchemical symbol that epitomizes transformation and the essence of life itself catalyzing profound metamorphosis.



CASA KETZAL

Casa Ketzal offers an incomparable sense of immersion in the jungle.

- Open concept kitchen, communal area, dining area, hammock/yoga loft, plunge pool.
- 2 large bedrooms with queen-sized orthopedic mattresses
(These rooms are reserved for retreat hosts to occupy during a retreat if requested and previously arranged)
- The communal bathroom is just off of the kitchen and is the main washroom for all who are in the house

The main house is where we live, peacefully and in harmony with our surroundings.
We are happy to arrange communal use during your stay if/when previously arranged.



PLUNGE POOL



OPEN CONCEPT



LOFT

CHIIT KITCHEN

The structure is designed like the classic Mayan house where the mayan people will cook and gather, the grass roof and wood structure allows breeze and hot air to scape and brings you to a place where tradition meets comfort.

Under the ancestral roof of the palapa enjoy laying on the hammock, reading a book, or playing a board game from the many we have available. The kitchen is equipped with a fridge and gas stove and we have all the required utensils needed to make yourself a delightful meal.



CENOTE NOHOCH

Nah Ku is surrounded by unparalleled beauty.

Let your spirit wander and discover new worlds through the eyes of nature.

Nah-Ku is nested in a natural, rich environment with over 70 cenotes. Our neighbouring cenote is the entrance to the SakakTuun System which is the largest underwater cave system in the world!

When staying at Nahku we can arrange day tours or special daily group visits at a special price as we have a connection with the guardians of this magnificent natural treasure.

Benito & Rosie



OUR IN HOUSE
TRADITIONAL
COOKS



NOURISHMENT

Let us feed you the nectar of our traditions. Mexican food is known to be diverse and delicious specially when cooked with joy. Thats how we like our meals!

Our Kitchen specializes in Mexican food and we adapt our menus to your event.

We care about quality and we aim to procure as much local and organic produce as possible!



THE LAND

ACCESS THE CONSCIOUSNESS OF SPACE

Discover a New World through the eyes of Nature. Celebrate life and allow the wisdom of the land to unite with the senses in your body. Unfold new textures, new colors, new sounds, new ideas surrounded by the pristine environment of the Mayan Jungle and the Ancestral steps of their Culture.

DOME MAYA

We strive to merge traditional craftsmanship with modern innovation, offering sustainable and inspiring living spaces that reflect the wisdom and beauty of Mayan culture. Through our workshops, we aim to share our knowledge and passion, empowering individuals to create their own Mayan-inspired structures and fostering a deeper appreciation for the rich cultural legacy of the Mayan civilization.



Our mission is to honor the ancient Mayan culture and its architectural heritage by creating exceptional Aircrete domes, homes, and cabins in Tulum, Mexico and the world.

By blending modern techniques with Mayan aesthetics, we aspire to inspire a global movement that values cultural heritage, sustainable building practices, and the creation of extraordinary spaces that nurture the mind, body, and spirit.

GROUPS AND RETREATS

We can accommodate your group for any type of event. We happily offer the entire jungle villa to all of those wishing to offer retreats. Below is the pricing for all accommodation and food options available. Prices are per night. If you have any questions or requests, please reach out. The entire villa rental includes around-the-clock access to the Fire Circle/Temazcal, Yoga/Ceremony Maloka, Plunge Pool, Community Kitchen, etc. And assures complete privacy for your guests.

	NUMBER OF ROOMS	QTY OF BEDS	OCCUPANCY PER ROOM	OCCUPANCY TOTAL	RATE NOV-MAY	RATE JUNE TO OCTOBER	FOOD (B-L-D) PER PERSON PER DAY
ENTIRE VILLA	9 (+2)	12(+2)		20(+2)	\$750	\$550	\$75
MAYAN DOMES	4	5	2 - 4	10	\$120	\$80	\$75
GLAPMING	5	7	2	10	\$50	\$35	\$75

Accommodation Rates

Listed prices are in USD and do not include 15% tax if invoice is required, a 3% card processing fee if applicable (+2 is referring to the rooms available for retreat hosts in the main house)

TREATMENTS AND EXPERIENCES

ADDITIONAL SERVICES AVAILABLE	COSTS *USD	DURATION	INTENSITY
MORNING GROUP QI GONG/THAI CHI RELAXATION	\$40	30 MINS	LOW
GROUP TEMAZCAL STEAM THERAPY	\$200	3 HOURS	MED
MORNING GROUP GUIDED MEDITATION	\$40	30 MINS	LOW

TREATMENTS

AURICULAR MEDICINE	\$100	1 HOUR	MED
REFLEXOLOGY AND/OR ENERGY WORK	\$100	1 HOUR	MED
MYO FASCIAL/LYMPHATIC DRAINAGE MASSAGE	\$100	1 HOUR	LOW/MED

TRANSPORTATION

The closest Airports are Tulum and the Cancun International Airport. Tulum airport is about a 30 min drive, and the Cancun airport is aprox. 1.5 hours away.

Our Location is : Carretera Federal Cancun-Tulum km 240, Camino a San Felipe km 1.2 Tulum, Quintana Roo

*Prices are subject to change according to seasons and the Taxi service's discretion.

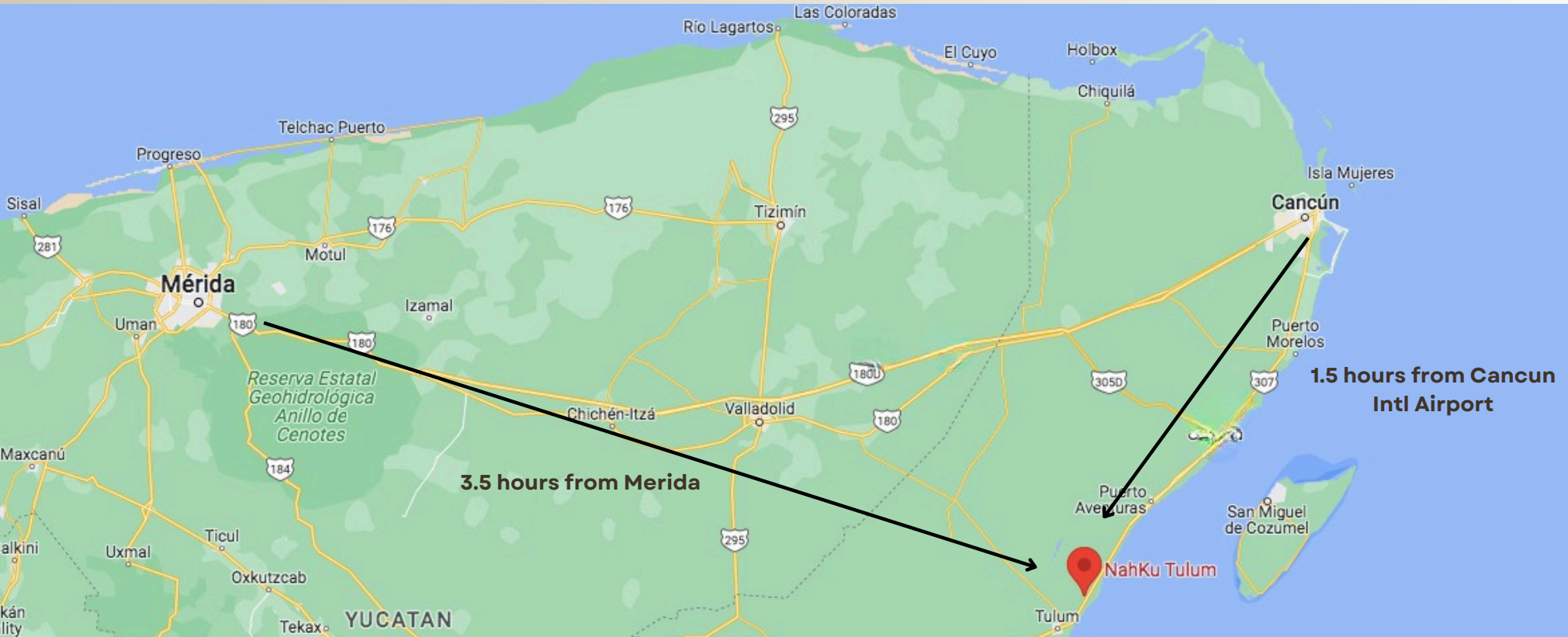
We are not in charge of transport but will help to arrange transportation for you and/or your group.

TRANSPORTATION OPTIONS FROM CANCUN AIRPORT	COST PER TRIP	DURATIONS
PRIVATE VAN UP TO 6 PEOPLE	\$200 USD	1.5 HOURS
PRIVATE TAXI TO NAHKU (UP TO 4 PEOPLE WITH LIMITED LUGGAGE)	\$2,000MXN	1.5 HOURS
PUBLIC VANS (COLECTIVOS)	\$35MSX PER PERSON	2 HOURS
ADO BUSES RUN EVERY 30MIN FROM TERMINALS TO TULUM BUS CENTRAL STATION (10 MINS AWAY FROM NAHKU, \$40USD CAB FROM THERE)	\$250MXN PER PERSON	3 HOURS

****IF YOUR GROUP IS INTENDING ON LANDING AT THE TULUM AIRPORT PLEASE INQUIRE FOR PRICING****

How to get here

by Car: From Cancun Airport take the highway 307 towards Tulum for about 1.5 hours be attentive for Oscar y Lalo restaurant keep going for 1 km till you see the sign Mayan Adrenaline ATV's and the Nah Ku sign you will take that road and continue till you find the fish rock 1km in the Jungle. Be attentive for the monkeys.



PAYMENT AND CANCELLATION POLICIES

The following are our policies for payments and cancellation. We understand when organizing a retreat there are many variables to consider and circumstances can change leading to cancellations. These policies are put in place to be fair to both the facilitator and the Nahku Tulum Family.

First Deposit

\$1000 deposit is due upon making the reservation to secure rooms.

This will also serve as Damage Deposit, and will be returned post-event.

If the reservation is canceled more than 150 days prior to the event, the deposit is fully refundable.

If the reservation is canceled less than 150 days prior to the event, the deposit is non refundable

Second Deposit

Second 25% deposit due 120 days prior to event.

This deposit is non refundable. Rooms held via deposit are the responsibility of the host to fill unless agreed in writing.

Third Deposit

Final 75% is due 15 days prior to event. This deposit is non refundable.





CONTACT
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